

Chicken Enchilada Soup

INGREDIENTS

5 ½ tablespoons of the Chicken Enchilada Soup Blend
(or one single use mix)

4 cups water

1 cup milk

1 10.75-oz can cheddar cheese soup (**eliminate if using a dry mix that includes the cheese powder**)

1 14.5-oz can diced tomatoes

1 cup precooked and shredded chicken (optional)

OPTIONAL TOPPINGS

sour cream / fresh diced tomato / diced avocado /
shredded cheese / crushed tortilla chips

DIRECTIONS

- Place all of the ingredients in a soup pot and bring to a simmer. Continue to simmer for 15 minutes.
- To serve, consider topping each bowl with a dollop of sour cream, some fresh diced tomatoes and avocado, a handful of shredded cheese and/or some crushed up tortilla chips. OR...serve just as it is!

If you don't have a pre-made mix, here are the dry ingredients needed...

1 teaspoon garlic salt

1 teaspoon chili powder

2 tablespoons chicken broth granules or powder

½ teaspoon oregano

1 ½ teaspoons dried cilantro

½ teaspoon lemon pepper

2 tablespoons Masa Harina

OPTIONAL:

1 tablespoon cheese powder

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Hot Enchilada Dip

INGREDIENTS

3 ½ tablespoons of the Chicken Enchilada Soup Blend
(or one single use mix)

1 cup milk

1 10-oz can diced tomatoes with chilis

22 oz Velveeta cheese, cubed

OPTIONAL:

1 lb. cooked and crumbled mild breakfast sausage.

DIRECTIONS

slow cooker:

- Combine all ingredients in slow cooker and heat on low for a few hours or until smooth.

microwave

- Combine all ingredients in a microwave safe bowl. Heat on high 2 minutes. Stir and repeat until it's smooth.

stove top:

- In a large sauce pan combine all ingredients and heat slowly over medium heat and stir constantly to prevent burning. Avoid turning up the heat to cook faster as the dip's texture may change. Ready when smooth.

If you don't have a pre-made mix, here are the dry ingredients needed...

1 teaspoon garlic salt

1 teaspoon chili powder

2 tablespoons chicken broth granules or powder

½ teaspoon oregano

1 ½ teaspoons dried cilantro

½ teaspoon lemon pepper

2 tablespoons Masa Harina

OPTIONAL:

1 tablespoon cheese powder

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